Operating Hours The WELL

Monday – Thursday Staffed Hours

> Friday Staffed Hours

6:45 am – 10:00 pm 8:00 am -10 pm 6:45 am – 7:30 pm

8:00 am - 7:30 pm

Rising Roll Gourmet Café

Monday- Thursday Friday

7:30 am - 3:00 pm 7:30 am - 2:00 pm

Central Market

Monday-Thursday Friday

7:30 am - 6:00 pm 7:30 am - 4:00 pm







Wellness | Engagement | Leadership | Learning