



USF ORTHOPAEDICS



Orthopaedics & Sports Medicine Education



USF orthopaedic residency is back...

The Tampa Bay area and the University of South Florida are rich with Orthopaedic history extending back over twenty years since the existence of the original residency program. Prior to the first program's dissolution in 1990, USF Ortho was recognized as a top rated program, largely attributed to its former faculty members.

Phillip Spiegel, Roy Sanders, Tom Greene, Robert Belsole, John Rayhack, Thomas Bernasek, Jeff Mast, and David Leffers efforts designated USF as a lead producer of numerous works of orthopaedic research as well as device inventions and advancements. After its closure, many faculty members have remained in

the Tampa Bay area continuing the tradition of excellence in musculoskeletal care as well as research and education. Although the title of USF Orthopaedics remained dormant for some time, the infrastructure and rich resources needed to train residents was well maintained in the community...some would say a reincarnation was inevitable.



Derek practicing his arthroscopy skills at the new FOI/FORE biomechanical research and skills lab



Eric examining a patient at Watson Clinic in Lakeland.



Brandon & Trey working on their total knee arthroplasty skills at the FOI/FORE skills lab

PGY-5 RESIDENTS

The renewal of the USF Orthopaedics program is much accredited to the efforts of Doug Letson, MD (Residency Director), his devotion to teaching, and ambition to reconstitute a first-tier Orthopaedic residency program. Success of its reiteration is based on a two-pillar system consisting of faculty from the local community private practices (Florida Orthopaedic Institute, Florida Medical Clinic, Watson Clinic, VA) and well-respected USF academic orthopaedists. The promotion of Dr. David Leffers (Sports Medicine, Kerlan Jobe) to Department Chairman in 2009 strengthened the program's relationship with these three entities and opened new opportunities such as an advanced adult joint reconstruction service, hand surgery, and a biomechanical and clinical research rotation.



ODION BINITTIE

Odion is a proud graduate of Florida State University and the University of South Florida medical school. He will complete a pediatric orthopaedic fellowship at the Children's Hospital of Philadelphia, upon graduation and then plans to also pursue an orthopaedic oncology fellowship. A big fan of basketball and his charcoal grill, he also enjoys travelling.



PAUL EDWARDS

Paul graduated from the University of Arkansas for Medical Sciences. He plans to join a private practice in Little Rock, AR and specialize in adult reconstruction. He recently matched for adult reconstruction fellowship at OrthoCarolina in Charlotte, NC. His wife, Heather is a NICU RN at All Children's Hospital in St. Petersburg. He enjoys spending time with his wife and two children; they are expecting their third in December.



ERIC HENDERSON

Eric grew up in Tallahassee, FL. He attended the University of Florida for his undergraduate degree and University of South Florida for medical school. He is planning on a career in orthopaedic oncology. He recently matched at Harvard for oncology fellowship.

PGY-4 RESIDENTS

...USF Ortho has returned quickly to its roots of providing excellent clinical care and production of quality orthopaedic research.

Since its return in 2007, USF Ortho has returned quickly to its roots of providing excellent clinical care and production of quality orthopaedic research. With the financial support of Florida Orthopaedics Institute, we have been able to create a dedicated 3-month biomechanical research rotation. In the past 3 years our residents have published over fifteen peer-reviewed papers and presented research in over twenty-five national and international meetings. Every year we have attracted top ten applicants and have averaged matching 4 out of our top 10 in the ACGME residency match for the past 3 years. Our 1st graduating class of 2011 has matched in some of the most



GERMAN MARULANDA

German was born in Bogota, Colombia, where he completed his undergraduate and medical training. Once in the US, he completed a research fellowship at The Cleveland Clinic, followed by a two year research fellowship at the Rubin Institute for Advanced Orthopaedics, in Baltimore. German has authored/co-authored more than 20 peer reviewed publications and 4 book chapters. He is married to Nazanin Khakpour MD, a breast surgeon at Moffitt Cancer Center. They have one son, Sebastian.



BRIAN PALUMBO

Brian graduated from USF Medical School in 2007. He is most interested in adult reconstruction clinical and biomechanical research. He will pursue an adult reconstruction and possibly a trauma fellowship after residency. He is married with two wonderful children.



NAZEEM VIRIANI

Nazeem is a PGY-3 resident in the University of South Florida Department of Orthopaedics and Sports Medicine. He received a Bachelor of Science in Biological Sciences from University of New Orleans after which he completed his M.D. from LSUHSC School of Medicine in New Orleans. He is interested in completing a fellowship following his orthopaedic residency training.



DEREK WEICHEL

Derek grew up in rural Nebraska then went to Missouri State University for undergrad, he majored in Sports Medicine and Athletic Training. He attended University of Virginia for medical school. His research studies the delivery of orthopaedic surgical services in rural American hospitals. After graduation, he will return to his rural hometown community in Nebraska to provide orthopaedic care. He and his wife, Amy have a newborn son.

PGY-3 RESIDENTS

competitive fellowship positions in the country. These include adult reconstruction in Ortho Carolina, Charlotte, NC; pediatric orthopaedics, Children's Hospital of Philadelphia, PA (CHOP); and musculoskeletal oncology Harvard, Boston, MA.

In the past 3 years our residents have published over 15 peer-reviewed articles...

Although we're off to a terrific start, we at USF Ortho have yet to be satisfied with our achievements and are passionate about re-establishing ourselves as a leader in Orthopaedic clinical practice, education and research.



TREY ALEXANDER

Trey is a Tampa native, and alumnus of University of South Florida College of Medicine. He did his undergraduate work at the University of Florida, in Gainesville, where earned a degree in exercise physiology. His research has been in oncology, trauma, and adult reconstruction. He plans to complete a fellowship following residency. He enjoys spending his free time with his wife, Jana, and his two beautiful daughters, Rowan and Amelia.



BRANDON BURRIS

Brandon is originally from Douglasville, GA. He received his undergraduate degree at the University of Georgia. He completed his medical school training at Emory University, Atlanta and joined the USF residency program in 2008. He plans to complete a fellowship following residency. His wife Audrey is a pharmacist in Tampa.



RICK CAIN

Rick is a Florida native who completed his undergraduate studies at the University of Florida and medical school at the USF, where he was a member of Alpha Omega Alpha and graduated as salutatorian of his class. His Orthopaedic interests include Upper Extremity, Sports, and Trauma. He is a die-hard gator fan. He and his wife, Jackie are expecting their first child in August. His other hobbies/interests include golf, softball, boating and fishing.



BRIAN DOMBY

Brian graduated from the University of North Carolina-Asheville, where he played soccer and met his wife Heather. He graduated medical school from East Carolina University-Brody School of Medicine in 2008. He enjoys cycling and plans on pursuing a fellowship in sports medicine or joint reconstruction.

Message from the Program Director

Dear USF Orthopaedic Alumni and Friends,

It is with great pleasure that we publish our first newsletter for the new USF Orthopaedic Residency. While many at the USF College of Medicine do not remember a time prior to 2007 when orthopaedics existed at USF, those who have been in Tampa Bay for the past two decades know that USF has a rich tradition of excellence in our field. This semi-annual newsletter is intended to acquaint you with our new orthopaedic faculty, residents, and the developments that have heralded the founding of our 'new' program.

Initially accredited in 2007, our program accepts four residents per year and will have a full cadre of twenty residents starting July 1, 2010. In 2009 we hosted a member of the orthopaedic Residency Review Committee for our first site visit and we received a four-year accreditation. The committee cited our excellent faculty, strong research emphasis, and superb facilities as reason for such a lengthy accreditation period for a young program.

Our residents perform rotations at eight Tampa Bay hospitals including All Children's Hospital, Lakeland Regional Medical Center, University Community

PGY-2 RESIDENTS



MICHAEL DOARN

Michael is from Columbus, OH and attended Ohio State University for undergraduate training and University of Cincinnati College of Medicine for medical school. He is currently interested in all areas of orthopaedics and plans on pursuing a fellowship after completion of residency. Mike enjoys athletics, traveling, reading, and spending time with family and friends.



CHARLES NALLEY

Chuck is from Little Rock, AR and attended the University of Arkansas for undergraduate and medical school. He plans to complete a fellowship after residency. Chuck loves spending time with his wife and son, and he has a pathologic devotion to Razorback sports



MATTHEW STEIN

Matt was born and raised in Allentown, PA. He was a four year varsity basketball and tennis player at Haverford College, where he completed his undergraduate education. He then went on to receive his medical school degree from NYU. At this point in time, he is interested in all aspects of orthopedic surgery. He enjoys fine dining, watching and playing sports, and spending time with his beautiful wife.



BRIAN WHITE

Brian is a Florida native. He graduated from Wake Forest University with a B.A. in Communications and obtained his medical degree from the University of South Florida. Prior to starting residency Brian was an acclaimed player in a traditional form of Japanese traditional theater known as Bunraku. Brian hopes to one day use his medical knowledge to help the underprivileged in the international community.

Message from the Program Director

Hospital, Shriners' Hospital for Children, USF's Morsani Center, Moffitt Cancer Center, James A. Haley Veteran's Administration Hospital, and Tampa General Hospital.

Word of our residency has spread quickly as applications for medical student externships at our program have increased to over fifty for this coming application cycle. This has allowed us to attract top talent from some of the most prestigious medical schools in the country as well as retaining the best applicants from USF.

Please take a moment to read through this newsletter. Those of us affiliated with USF Ortho hope that the efforts of this new generation of USF-trained orthopaedic surgeons will help you remember your time as a USF resident and perhaps share in the excitement that we feel as we continue to guide our department towards excellence.

Douglas Letson, MD

Message from the Chairman

Thanks to all involved in shaping our program with an all-hands on deck approach and singularity of purpose: quality resident education. Everyone can be very proud. Kudos.

David Leffers, MD

INTERNS



KRIS COLLINS

Kristopher Collins is a PGY-1 resident in the USF department of Orthopedic Surgery and Sports Medicine. Kris graduated with a Bachelor of Science in Zoology from the University of Oklahoma before completing his medical education at the University of Oklahoma College of Medicine.



ANTONY DENARD

Antony is from Les Cayes, Haiti. He graduated from NC State University with degrees in Microbiology and Biological Sciences. He received his medical degree from Meharry Medical College. Antony is interested in all aspect of orthopedics and enjoys playing soccer, fixing computers and spending time with his wife traveling.



JEREMY MILES

Jeremy is from Greenville, NC. He attended Duke University for undergraduate training, earning a B.S. in biology, and continued at Duke for medical school. He and his wife, Amie, enjoy traveling, running, and spending time with family.



IAN SMITHSON

Ian graduated from the University of Richmond with honors and received his medical degree from Tulane University School of Medicine. Ian is interested in all aspects of orthopedic surgery and enjoys spending free time with his wife and building furniture. He plans to pursue a fellowship after completion of his residency training.

Establishment of USF Orthopaedic Resident Education Fund

One of the unfortunate consequences of the Department of Justice's investigation into physician-industry relationships has been a steep decline in industry involvement in resident education. Most industry book programs have ended and course sponsorship has diminished. In an effort to increase the educational opportunities available to USF orthopaedic residents, we have established the USF Orthopaedic Resident Education Fund through the USF Foundation.

We owe a special thanks to Dr. Ken Greene, who has donated his \$2000 honorarium to allow us to start the resident educational fund. The purpose of this fund is defined clearly in its mission statement and all donations are intended solely for the purchase of educational materials or sponsorship of residents to attend didactic courses. The proceeds of residency fundraising activities that are held throughout the year such as the annual Varus-Valgus Golf Tournament will benefit this fund.

Donations to this fund are tax deductible to the extent allowed by law and all donors will be supplied with documentation from the USF Foundation at the start of each tax season. The USF Foundation is a 501(c)3 tax-exempt fund. We welcome donations of any amount as we work to improve the educational experience of our residents. Interested potential donors will find the information required to make a donation below.

Checks should be made payable to the USF Foundation. Our fund number is 250164, which should be written in the memo line.

FUND #250164

**UNIVERSITY OF SOUTH FLORIDA
FOUNDATION, INC.
4202 E. FOWLER AVE. ALC 100
TAMPA, FL 33620**



**DAVID LEFFERS, MD
DEPARTMENT CHAIRMAN**



**DOUG LETSON, MD
PROGRAM DIRECTOR**



**ANN JOYCE, MS
PROGRAM COORDINATOR**



**Musculoskeletal Oncology Review Course
Cheeca Lodge, Islamorada, FL**

USF ORTHOPAEDIC FACULTY

USF CORE FACULTY

Glen Barden, M.D.
Assistant Professor of Hand Surgery

Robert Belsole, M.D.
Professor of Hand Surgery

David Cheong, M.D.
Affiliate Assistant Professor of Orthopaedic Oncology

Larry Collins, P.A.-C, A.T.C.
Instructor of Sports Medicine

Ed Homan, M.D.
Assistant Professor of General Orthopaedics & Arthroplasty

Jeff Konin, Ph.D., A.T.C., P.T.
Associate Professor of Sports Medicine

David Leffers, M.D.
Department Chair and Associate Professor of Sports Medicine

Douglas Letson, M.D.
Program Director, Site Director, and Professor of Orthopaedic Oncology

Charles Nofsinger, M.D.
Assistant Professor of Sports Medicine

Michael Shereff, M.D.
Professor of Foot & Ankle Surgery

TAMPA GENERAL HOSPITAL

Robert Belsole, M.D.
Professor of Hand Surgery

Thomas Bernasek, M.D.
Affiliate Associate Professor of Adult Reconstruction & Arthritis

Antonio Castellvi, M.D.
Affiliate Assistant Professor of Spine Surgery

Michael Clare, M.D.
Affiliate Associate Professor of Orthopaedic Trauma and Foot & Ankle Surgery

Dolfi Herscovici, D.O.
Affiliate Assistant Professor of Orthopaedic Trauma and Foot & Ankle Surgery

Anthony Infante, D.O.
Affiliate Assistant Professor of Orthopaedic Trauma and General Orthopaedic Surgery

Mark Mighell, M.D.
Affiliate Assistant Professor of Shoulder & Elbow Adult Reconstruction

Claude Sagi, M.D.
Affiliate Assistant Professor of Orthopaedic Trauma Surgery and Spine Surgery

TAMPA GENERAL HOSPITAL

Roy Sanders, M.D.
Affiliate Clinical Professor of Orthopaedic Trauma and Foot & Ankle Surgery

David Watson, M.D.
Affiliate Assistant Professor of Adult Reconstruction and Arthritis and Trauma Surgery

MOFFITT CANCER CENTER

David Cheong, M.D.
Assistant Professor of Orthopaedic Oncology

Douglas Letson, M.D.
Program Director, Site Director, and Professor of Orthopaedic Oncology

Frank Vironis, M.D.
Associate Professor of Neurosurgery and Orthopaedic Spine Surgery

JAMES A. HALEY VETERANS ADMINISTRATION HOSPITAL

Joshua Bernard, D.P.M.
Courtesy Assistant Professor

Juaquin Diaz, M.D.
Affiliate Assistant Professor of General Orthopaedics

John Gerhard, M.D.
Affiliate Assistant Professor of Hand Surgery

Jesus Martinez, M.D.
Affiliate Assistant Professor of General Orthopaedics

Blaine Markee, M.D.
Site Director, Affiliate Assistant Professor of General Orthopaedics

Carlos Muro-Cacho, M.D., Ph.D.
Affiliate Professor of Pathology

UNIVERSITY COMMUNITY HOSPITAL

Peter Fabri, M.D.
Professor of Critical Care Surgery

Geoff Cronen, M.D.
Clinical Assistant Professor of Orthopaedic and Spine Surgery

Steve Raterman, M.D.
Site Director, Clinical Assistant Professor of General Orthopaedics, Spine and Arthroplasty

John Small, M.D.
Affiliate Assistant Professor of Spine Surgery

ALL CHILDRENS HOSPITAL

Scott Beck, M.D.
Site Director, Affiliate Assistant Professor of Pediatric Orthopaedic Surgery

Gregory Hahn, M.D.
Affiliate Assistant Professor of Pediatric Orthopaedic Surgery

Jeffrey Neustadt, M.D.
Affiliate Assistant Professor of Pediatric Orthopaedic Surgery

LAKELAND REGIONAL MEDICAL CENTER / WATSON CLINIC

Pete Kazmier, M.D.
Affiliate Assistant Professor of Orthopaedic Trauma Surgery

Phuc Vo, M.D.
Site Director, Affiliate Assistant Professor of Trauma, Arthroplasty & Sports Medicine

SHRINERS HOSPITAL

Peter Armstrong, M.D.
Affiliate Professor of Pediatric Orthopaedic Surgery

Dennis Grogan, M.D.
Affiliate Clinical Professor of Pediatric Orthopaedic Surgery

Maureen Maciel, M.D.
Affiliate Assistant Professor of Pediatric Orthopaedic Surgery

Dan Mason, MD
Affiliate Assistant Professor of Pediatric Orthopaedic Surgery

USF JOINT APPOINTMENT

David Birk, M.D.
Professor of Pathology & Cell Biology

Heidi Stephens, M.D.
Professor of Foot & Ankle

ADDITIONAL AFFILIATE ASSISTANT FACULTY

Brett Bolhofner, M.D.
Andrew Burgess, M.D.
William Carson, M.D.
Thomas Czencsitz, M.D.
Koco Eaton, M.D.
Thomas Greene, M.D.
Richard Herrick, M.D.
John Kilgore, M.D.
Mark Munro, M.D.
Johnathan Phillips, M.D.
Steven Warren, M.D.

PHOTOS FROM THIS YEAR



Daniel Lee, is the newest member of the USF Ortho family joining the PGY-4 class of 2012. He has transferred from the St. Vincent's program in NYC due to the bankruptcy and sudden closure of the hospital. Dan received his undergraduate degree from the University of Michigan, Ann Arbor and medical degree from the New York College of Osteopathic Medicine. He is excited to be in warmer weather and will be pursuing fellowship training after his residency.



JOIN US FOR THE ANNUAL RESIDENCY GRADUATION CELEBRATION

Graduation Celebration

July 8th

6:30 pm Tampa Bay Orthopaedic Society (TBOS) Guest Lecturer - Dr. Ken Greene

July 9th

7 am Resident Case Presentations

8 am Grand Rounds, Dr. Ken Greene "The Difficult Primary Knee"

9 am Case Presentations - Dr. Ken Greene

10 am Resident Research Presentations

July 10th

7 am Tee-time for annual "Varus-Valgus Golf Tournament"

6:30 pm Orthopaedic Awards Banquet

Although our first class of graduates will matriculate next year, we are celebrating our successful completion of another outstanding year for the USF orthopaedic residency program. In standard fashion we will host a weekend celebration to mark this monumental occasion. We would be honored if you could join us in the festivities.

To kick off the celebration, July 8th, Thursday evening at Ruth Chris Steakhouse, Dr. Ken Greene (Cleveland Clinic, Adult Reconstruction) will be presenting "Restoration of Biomechanics in the Primary & Revision Hip." July 9th, Friday morning we will continue our educational activities with a Grand Rounds presentation by Dr. Ken Greene. Following his lecture we will have interactive resident joint case discussions. We will conclude the didactic portion of our celebration presenting our current research in all subspecialties. We will also have a poster session displaying the research posters that our residents have presented over the past year.

Saturday morning we will test our skills on the golf course at the 3rd Annual Varus/Valgus Golf Tournament. This year we will be playing at the USF course "The Claw," tee time 7am. \$100 registration fee per player. (All donations will go directly to the orthopaedic residency education fund). Saturday evening the weekend events will conclude with an informal gathering and awards ceremony at Dr. David Leffers home. Come join us for poolside drinks, food, and live music.



Please RSVP for TBOS and Golf by June 28th, 2010. If you are interested in attending any of these events and need further information or directions, please contact: ajoyce@health.usf.edu

Upcoming Events

July 8-10 USF Orthopaedic Department
Residency Graduation Ceremony

August 5 Pediatric Journal Club

September 2 Hand Journal Club

September 16 USF Residents Community
Volunteer

October 7 Foot & Ankle Journal Club

November 4 Spine Journal Club

November 13 Orthopaedic In-Training Exam

December 2 Oncology Journal Club

January 7-8, Residency Applicant Interviews
2011

February 15-19, AAOS, San Diego, CA
2011



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