

University of South Florida

Sports Medicine – PGY 2

Competency Based Goals & Objectives

Description:

By the end of the sports rotation, the junior resident should be competent in performing a complete and thorough examination of the shoulder, elbow, hip and knee.

Resident role and expectations:

The resident should be able to perform minor operations in the capacity of primary or assistant surgeon. The resident will participate in initial evaluation, peri-operative care, and non-operative treatment of orthopaedic injuries and diseases, including those of the knee, shoulder, elbow and hip, in addition to general orthopaedics and sports medicine.

Objectives by the end of the rotation:

1. **Medical knowledge:** Obtain knowledge and comprehension of common surgical approaches, non-operative and operative treatment options for common sports medicine procedures.
2. **Patient care:** The resident will attain the surgical skills necessary for triangulation in shoulder and knee arthroscopy. The resident should be competent in basic shoulder and knee arthroscopic procedures by the end of the rotation. The resident will also be exposed to wrist, elbow, and hip arthroscopy during the rotation.
3. **Practice-based learning:** The resident will demonstrate competence in the ability to evaluate their own performance and utilize attending feed-back to improve their performance, both in clinic/OR and the surgical skills lab.
4. **System-based practice:** The resident will appropriately delegate resource management and use of outside services such as physical therapy, MRI and interventional radiology, and team trainers. The resident will also become familiar with return to play guidelines and on- field treatment considerations for the athlete.
5. **Professionalism:** Demonstrate initiative in the needs of patients and professional staff, showing honesty, compassion, and respect for the patient issues both in terms of the medical diagnosis and the psychosocial ramifications.
6. **Practice-based learning:** Demonstrate self-improvement through a critique of their performance during presentation of M & M cases.